

**Lunchtime Menu – Week B    £2.20**

Dinners	Puddings
<b>Monday</b>	
<b>Beef Burger</b> – Chopped Beef formed into a burger griddled and served on a Bun served with salad and homemade tomato ketchup  <b>Mediterranean pasta</b> – Pasta penne baked with Peppers Spinach, plum Tomatoes and Basil then melted with Cheese  <b>Panini/Jacket Potato</b> – with assorted fillings and Salad	<b>Rice Pudding with Raspberry Sauce</b>  Or  <b>Fruit Yoghurt</b>
<b>Tuesday</b>	
<b>Gammon Steak</b> – Served with fresh pineapple  <b>Italian-style Pizza</b> - Crisp bread base, with a Mediterranean tomato and basil sauce, with a cheese or cheese and pepper topping  <b>Sandwich/Jacket Potato</b> – With assorted fillings and salad	<b>Fresh Fruit</b>  or  <b>Apple crumble</b>
<b>Wednesday</b>	
<b>Vegetable Madras-sautéed fresh vegetables in a mild Curry sauce</b>  <b>Chicken and Vegetable Pie</b> -Simmered in a rich gravy and topped with flaky pastry  <b>Panini/ Jacket Potato</b> – with assorted fillings and Salad	<b>Fresh Fruit Salad</b>  or  <b>Flapjack</b>
<b>Thursday</b>	
<b>Traditional roast Pork with Yorkshire Pudding</b>  <b>Vegetable Lasagne</b>  <b>Sandwich/Jacket Potato</b> – With assorted fillings and salad	<b>Pieces of Fresh Fruit set in a light Fruit Jelly</b>  or  <b>Jam Sponge</b> – served with Vanilla Custard
<b>Friday</b>	
<b>Battered Cod</b> - Cod in a light crisp batter  <b>Savoury Falafel</b>  <b>Panini/Jacket Potato</b> – with assorted fillings and Salad	<b>Chocolate ice cream</b>  or  <b>Fruit Yoghurt</b>
<b>All main meals are accompanied by hot seasonal vegetables, or fresh salad items, and either potatoes, rice, pasta, chapattis, or naan bread, as appropriate. In addition, bread and fresh fruit will be available daily.</b>	



*Schools Awards*  
*Outstanding School Dinners*  
 2010



*Schools Awards*  
*Healthy Eating Award*  
 2011